



Grandparents Rearing Grandchildren (WA) Inc

*One person caring for another represents life's greatest value*

## Grandparents Rearing Grandchildren WA Inc.

### APRIL 2019

March was a fairly quiet month for the group, although the Committee were busy behind the scenes.

We are now still moving into our office in Mildenhall 49 Beddi Road Duncraig. We were able to have our March Committee Meeting there and also a Camp Committee Meeting. There have been a few teething troubles, trying to get things removed and furniture made up, but the office and adjoining meeting room are looking very good, the view out of the window is amazing, just park and trees, we are very lucky and we thank the City of Joondalup for the use of these premises. As soon as we manage to make it a workable office, we will have a big opening day, probably a Saturday morning in May and hope the press will be involved.

The camp Committee, being Jan S, Luana and myself (Kaye B had overseas visitors), went to Busselton to look at holiday venues. The venue we chose, Footprints Preston Beach is a beautiful rural resort, outdoor heated pool and the huts are arranged in a much more friendly way, with wide lawned avenues between rows of huts where we can congregate, weather permitting. Each hut has a basic kitchen with microwave etc BUT there is a HUGE BBQ on every balcony. Mandurah Coles and Woolworths Supermarkers will deliver to Footprints; orders need to be place on line. We have booked 4 days, 3 nights, those being Tuesday 8<sup>th</sup> to Friday 11<sup>th</sup> October, leaving on the Friday.

Penny has been organising Pamper Days. These will be on Tuesday May 28<sup>th</sup>, Tuesday June 25<sup>th</sup> and Tuesday 30<sup>th</sup> July, all 10am to 2pm and lunch will be provided. As well as the usual relaxation, massage and reflexology, there will be a cookery

demonstration, singing and a ChiBall demonstration (NOT a sport!!) These Pamper Days and part of the cost of the Respite Break are being paid for by the \$10,000 awarded to Jan as Whitford City's Local Hero. Thanks to Whitford City and Jan Standen.



Lions' Fair McDonald Reserve Padbury



Kaye B and Tyson. Photo courtesy of Simon Millman MLA  
Tyson has just gone to Sydney to represent WA in the National Athletics Championships.

## President

Clive Rowden 041 246 0724

## Vice President

Jan Standen 9403 7617 / 0433 741 186

## Treasurer

Philip Etherington 0468 374 390

## Secretary

Penny Rowden 9246 4753 / 041 300 9907

Asst. Secretary / Asst. Events Organiser

Bill Barlow 0409 371 991

## APRIL 2019 ACTIVITIES

### Tuesday 9<sup>TH</sup> April

CASUAL MEETING KINGSLEY MEMORIAL HALL

9.30-11.30am.

### Friday 18<sup>th</sup> April

Bunnings Joondalup Cnr Sundew Rise & Joondalup Drive. Craft Morning 10am to 12 midday.

### Tuesday 23<sup>rd</sup> April (Easter Tuesday)

EASTER FUN DAY WHITEMAN PARK

Lot 99a Lord St, Whiteman WA 6068

Tram rides, train rides, face painting, balloon twisting etc. MUST RSVP Jan S

### Thursday 25<sup>th</sup> April

Morning tea at Noeline's 10am to midday.

Bring a plate.

Any queries on Events phone

Jan Standen 0433 741 186

or Bill Barlow 0409 371 991

## HELPFUL INFORMATION

### Grandparent Advisor

Jennifer Brown (Centrelink)

6241 9339 / 1800 245 965

### Wanslea Grandcare

1800 008 323 or (08) 9245 2441

NB Basic short legal advice is available via Wanslea Grandcare. Phone for appointment and details of the service.

### Grandcarer Support Scheme

(run via Wanslea)

1800 794 909

## Foodbank of WA

23 Abbott Road Perth Airport 6105

9258 9277

Opening hours 9am to 3pm

Joondalup Foodbank Hub

Cnr Winton and Lincoln Lane

Wed, Thurs, Fri 10am to 2pm

Please phone Foodbank to confirm Hub's times

## Northern Suburbs Legal Centre

9301 4413 Joondalup

9440 1663 Mirrabooka

## Carers WA

1300 227 377

Good general helpline

1800 007 332 (freecall)

8.30am – 7.30pm Mon-Fri

Carer Crisis helpline

## Citizens Advice Bureau

9221 5711

Good general helpline

## Elder Abuse Helpline

1300 724 679

## Crisis Care

9223 1111



The New GRGWA office



The new GRGWA small meeting room